



Jack and Jill Early Childhood Learning

Week of April 22-26, 2024

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Breakfast</p> <p>Apple Cinnamon Toasted Oat Cereal Peach Cup *Milk</p>	<p>Breakfast</p> <p>**Wholegrain Oatmeal Applesauce *Milk</p>	<p>Breakfast</p> <p>Fruit Muffin Pear Cup *Milk</p>	<p>Breakfast</p> <p>Corn Flakes Cereal Bananas *Milk</p>	<p>Breakfast</p> <p>Toasted Oat Cereal Bananas *Milk</p>
<p>Lunch</p> <p>Ground Beef & Gravy over Mashed Potatoes Green Beans Fruit Cocktail *Milk</p>	<p>Lunch</p> <p>Turkey Pot Pie with Potatoes, Carrots & Peas Pineapple *Milk</p>	<p>Lunch</p> <p>**Whole Grain Pasta with Cubed Ham & Cheese Side Peas PS: Oranges Inf/Tods: Mandarin *Milk</p>	<p>Lunch</p> <p>Turkey Noodle Soup with Vegetables **Whole Grain Breadstick Banana *Milk</p>	<p>Lunch</p> <p>House Made Whole Wheat Cheese Pizza Green Beans PS: Apple Slice Inf/Tods: Applesauce *Milk</p>
<p>Snack</p> <p>**Whole Grain Graham Crackers Juice and Water Infants Milk</p>	<p>Snack</p> <p>Oyster Crackers Cheese Slice Juice and Water Infants Milk</p>	<p>Snack</p> <p>Fig Newtons Milk</p>	<p>Snack</p> <p>Saltines & Soy Nut Butter Juice and Water Infants Milk</p>	<p>Snack</p> <p>**Whole Grain Goldfish Crackers Juice and Water Infants Milk</p>

*Unflavored 1% *Milk Served to Children Age 16 months to School Age; Unflavored Whole *Milk Served under 16 months

**Serving meets the whole grain-rich criteria nutrition daily requirement

Serving Sizes: Ages 1-2 *Milk: ½ cup Grain: ½ serving Protein: 1oz Fruit/Vegetable: ¼ cup

Ages 3-5 *Milk: ¾ cup Grain: ½ serving Protein: 1.5oz Fruit/Vegetable: ½ cup

Ages 6-12 *Milk: 1 cup Grain: 1 serving Protein: 2oz Fruit/Vegetable: ½ cup *Protein, fruit and vegetable