



Jack and Jill Early Childhood Learning

Week of April 8-12, 2024

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Crispy Rice Cereal Peach Cup *Milk	**Whole Grain Oatmeal Applesauce *Milk	Toasted Oats Bananas *Milk	Fruit Muffin Pear Cup *Milk	Crispy Rice Cereal Bananas *Milk
Lunch	Lunch	Lunch	Lunch	Lunch
Toasted Ham & Cheese on Roll Baked French Fries Banana *Milk	Tuna and Cheese Rice Bake Side Broccoli Pineapple *Milk	**Whole Grain Beefy Mac & Cheese Side Peas PS: Oranges Inf/Tods: Mandarin *Milk	Turkey Sloppy Joes on **Whole Grain Schubert Roll Cooked carrots PS: Apple Slice Inf/Tods: Applesauce *Milk	Turkey Burgers on **Whole Grain Schubert Roll Baked French Fries PS: Apple Slice Inf/Tods: Applesauce *Milk
Snack	Snack	Snack	Snack	Snack
**Whole Grain Goldfish Crackers Juice and Water Infants Milk	Oyster Crackers Juice and Water Infants Milk	Cinnamon Goldfish Infants Milk	Crackers & Soy Nut Butter Juice and Water Infants Milk	Teddy Grahams Juice and Water Infants Milk

*Unflavored 1% *Milk Served to Children Age 16 months to School Age; Unflavored Whole *Milk Served under 16 months

**Serving meets the whole grain-rich criteria nutrition daily requirement

Serving Sizes: Ages 1-2 *Milk: ½ cup Grain: ½ serving Protein: 1oz Fruit/Vegetable: ¼ cup

Ages 3-5 *Milk: ¾ cup Grain: ½ serving Protein: 1.5oz Fruit/Vegetable: ½ cup

Ages 6-12 *Milk: 1 cup Grain: 1 serving Protein: 2oz Fruit/Vegetable: ½ cup *Protein, fruit and vegetable