



**JACK & JILL**

EARLY CHILDHOOD LEARNING

www.jackandjill.edu.com

# Jack and Jill Early Childhood Learning

## May 13-17, 2024

Monday	Tuesday	Wednesday	Thursday Mother's Day	Friday
<b>Breakfast</b> Apple Cinnamon Toasted Oat Cereal Banana or Orange *Milk	<b>Breakfast</b> Fruit Bread Square Applesauce *Milk	<b>Breakfast</b> Crispy Rice Cereal Peach Cup *Milk	<b>Breakfast</b> Pumpkin Muffin Pear Cup *Milk	<b>Breakfast</b> Corn Flakes Cereal Bananas *Milk
<b>Lunch</b> Tuna Salad Sandwich on **Whole Grain Schubert Roll Cooked Carrots Warmed Apple Slices *Milk	<b>Lunch</b> Chicken, Cheese & Rice Bake Side Broccoli Pineapple *Milk	<b>Lunch</b> **Whole Grain Pasta with Ground Beef & Marinara Side Peas PS: Oranges Inf/Tods: Mandarin *Milk	<b>Lunch</b> Pancakes Ham Cubes Baked Potato cubes Fruit Cocktail *Milk	<b>Lunch</b> Ground Beef Sloppy Jo's on **Whole Grain Schubert Roll Green Beans PS: Apples Inf/Tods: Applesauce *Milk
<b>Snack</b> Applesauce Cup Juice and Water Infants-Milk	<b>Snack</b> **Whole Grain Goldfish Crackers Juice and Water Infants-Milk	<b>Snack</b> Yogurt Cup & Pineapple Juice and Water Infants-Milk	<b>Snack</b> **Whole Grain Strawberry Oatmeal Bar Juice and Water Infants-Milk	<b>Snack</b> **Whole Grain Graham Crackers Juice and Water Infants-Milk

\*Unflavored 1% \*Milk Served to Children Age 16 months to School Age; Unflavored Whole \*Milk Served under 16 months

\*\*Serving meets the whole grain-rich criteria nutrition daily requirement

Serving Sizes: Ages 1-2 \*Milk: ½ cup Grain: ½ serving Protein: 1oz Fruit/Vegetable: ¼ cup

Ages 3-5 \*Milk: ¾ cup Grain: ½ serving Protein: 1.5oz Fruit/Vegetable: ½ cup

Ages 6-12 \*Milk: 1 cup Grain: 1 serving Protein: 2oz Fruit/Vegetable: ½ cup \*Protein, fruit and vegetable