



JACK & JILL

EARLY CHILDHOOD LEARNING

www.jackandjill.edu.com

Jack and Jill Early Childhood Learning May 20-24, 2024

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Toasted Oat Cereal Peach Cup *Milk	Breakfast **Whole Grain Oatmeal with Cinnamon & Sugar Applesauce *Milk	Breakfast Corn Flakes Pear Cup *Milk	Breakfast Fruit Muffin Bananas *Milk	Breakfast Center Closed Staff Development Day
Lunch Toasted Cheese Sandwich on **Whole Grain Schubert Roll Cooked Carrots Warmed Apple Slices *Milk	Lunch Beef Sloppy Joes on **Whole Grain Schubert Roll Baked French Fries Green Beans Fruit Cocktail *Milk	Lunch **Whole Grain Tuna Noodle Casserole Side Peas PS: Oranges Inf/Tods: Mandarin *Milk	Lunch **Whole Grain Tortilla with co-jack cheese & refried beans Side Corn Pineapple *Milk	Lunch Center Closed Staff Development Day
Snack Hummus & Carrot sticks; Infants Hummus & crackers Juice and Water Infants-Milk	Snack Oyster Crackers Juice and Water Infants-Milk	Snack **Whole Grain Cinnamon GoldFish Juice and Water Infants-Milk	Snack **Whole Grain Graham Crackers Juice and Water Infants-Milk	Snack Center Closed Staff Development Day

*Unflavored 1% *Milk Served to Children Age 16 months to School Age; Unflavored Whole *Milk Served under 16 months

**Serving meets the whole grain-rich criteria nutrition daily requirement

Serving Sizes: Ages 1-2 *Milk: ½ cup Grain: ½ serving Protein: 1oz Fruit/Vegetable: ¼ cup

Ages 3-5 *Milk: ¾ cup Grain: ½ serving Protein: 1.5oz Fruit/Vegetable: ½ cup

Ages 6-12 *Milk: 1 cup Grain: 1 serving Protein: 2oz Fruit/Vegetable: ½ cup *Protein, fruit and vegetable