



**JACK & JILL**

EARLY CHILDHOOD LEARNING

www.jackandjill.edu.com

# Jack and Jill Early Childhood Learning Week of August 19-23, 2024

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Breakfast</b></p> <p>Corn Flakes Cereal Banana *Milk</p>	<p><b>Breakfast</b></p> <p>Banana Bread Square Applesauce *Milk</p>	<p><b>Breakfast</b></p> <p>**Whole Grain Oatmeal Peach Cup *Milk</p>	<p><b>Breakfast</b></p> <p>Crispy Rice Cereal Pear Cup *Milk</p>	<p><b>Breakfast</b></p> <p>Blueberry Muffin Bananas *Milk</p>
<p><b>Lunch</b></p> <p>Cheese Quesadilla on **Whole Grain Tortilla Side of Corn Fruit Cocktail *Milk</p>	<p><b>Lunch</b></p> <p>Tuna, Rice, and Cheese Bake Cooked Carrots Pineapple *Milk</p>	<p><b>Lunch</b></p> <p>Chili with Beans &amp; Ground Beef Corn Muffin Mixed Fruit *Milk</p>	<p><b>Lunch</b></p> <p>Pancakes Cubed Ham Baked Potato Cubes Warmed Apple Slices *Milk SA: MN State Fair</p>	<p><b>Lunch</b></p> <p>Turkey Burgers on **Whole Grain Schubert Roll Baked French Fries PS: Apple Slice Inf/Tods: Applesauce *Milk</p>
<p><b>Snack</b></p> <p>Oyster Crackers Juice and Water Infants-Milk</p>	<p><b>Snack</b></p> <p>**Whole Grain Goldfish Crackers Juice and Water Infants-Milk</p>	<p><b>Snack</b></p> <p>PS &amp; SA: Cukes &amp; Dip Inf &amp; Tods: Crackers &amp; Dip Juice and Water Infants-Milk</p>	<p><b>Snack</b></p> <p>**Whole Grain Graham Crackers Milk Infants-Milk</p>	<p><b>Snack</b></p> <p>Cheese Slice &amp; Saltines Juice and Water Infants-Milk</p>

\*Unflavored 1% \*Milk Served to Children Age 16 months to School Age; Unflavored Whole \*Milk Served under 16 months

\*\*Serving meets the whole grain-rich criteria nutrition daily requirement

Serving Sizes: Ages 1-2 \*Milk: ½ cup Grain: ½ serving Protein: 1oz Fruit/Vegetable: ¼ cup

Ages 3-5 \*Milk: ¾ cup Grain: ½ serving Protein: 1.5oz Fruit/Vegetable: ½ cup

Ages 6-12 \*Milk: 1 cup Grain: 1 serving Protein: 2oz Fruit/Vegetable: ½ cup \*Protein, fruit and vegetable