



# Jack and Jill Early Childhood Learning Week of August 5-9, 2024

[www.jackandjill.edu.com](http://www.jackandjill.edu.com)

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Breakfast</b></p> <p>Apple Cinnamon Toasted Oat Cereal Peach Cup *Milk</p>	<p><b>Breakfast</b></p> <p>Fruit Bread Square Applesauce *Milk</p>	<p><b>Breakfast</b></p> <p>Corn Flakes Cereal Bananas *Milk</p>	<p><b>Breakfast</b></p> <p>Fruit Muffin Pear Cup *Milk</p>	<p><b>Breakfast</b></p> <p>Toasted Oat Cereal Bananas *Milk</p>
<p><b>Lunch</b></p> <p>Beefy Mac &amp; Cheese with **Whole Grain Pasta Green beans Mixed Fruit *Milk</p>	<p><b>Lunch</b></p> <p>Chicken, Pot Pie with Potatoes, Carrots &amp; Peas Pineapple *Milk SA Bag Lunch</p>	<p><b>Lunch</b></p> <p>**Whole Grain Pasta with Cubed Ham &amp; Cheese Broccoli PS: Oranges Inf/Tods: Mandarin *Milk</p>	<p><b>Lunch</b></p> <p>Diced All Beef Hotdogs &amp; Beans **Whole Grain Breadstick Banana *Milk</p>	<p><b>Lunch</b></p> <p>House Made Whole Wheat Cheese Pizza Broccoli PS: Apple Slice Inf/Tods: Applesauce *Milk</p>
<p><b>Snack</b></p> <p>**Whole Grain Graham Crackers Juice and Water Infants-Milk</p>	<p><b>Snack</b></p> <p>Oyster Crackers Cheese Slice Juice and Water Infants-Milk</p>	<p><b>Snack</b></p> <p>PS: Pretzels Inf/Tods: Toasted Oats Juice and Water Infants-Milk</p>	<p><b>Snack</b></p> <p>Saltines &amp; Soy Nut Butter Juice and Water Infants-Milk</p>	<p><b>Snack</b></p> <p>**Whole Grain Goldfish Crackers Juice and Water Infants-Milk</p>

\*Unflavored 1% \*Milk Served to Children Age 16 months to School Age; Unflavored Whole \*Milk Served under 16 months

\*\*Serving meets the whole grain-rich criteria nutrition daily requirement

Serving Sizes: Ages 1-2 \*Milk: ½ cup Grain: ½ serving Protein: 1oz Fruit/Vegetable: ¼ cup

Ages 3-5 \*Milk: ¾ cup Grain: ½ serving Protein: 1.5oz Fruit/Vegetable: ½ cup

Ages 6-12 \*Milk: 1 cup Grain: 1 serving Protein: 2oz Fruit/Vegetable: ½ cup \*Protein, fruit and vegetable