



JACK & JILL

EARLY CHILDHOOD LEARNING

www.jackandjill.edu.com

Jack and Jill Early Childhood Learning Week of July 22-26, 2024

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Breakfast</p> <p>Crispy Rice Cereal Peach Cup *Milk</p>	<p>Breakfast</p> <p>**Whole Grain Fruit Bar Applesauce *Milk</p>	<p>Breakfast</p> <p>Toasted Oats Bananas *Milk</p>	<p>Breakfast</p> <p>Fruit Muffin Pear Cup *Milk</p>	<p>Breakfast</p> <p>Corn Flakes Cereal Bananas *Milk</p>
<p>Lunch</p> <p>Ham & Cheese on Whole Wheat Bread Baked French Fries Fruit Cocktail *Milk</p>	<p>Lunch</p> <p>Cold Tuna Salad Sandwich on **Schubert Roll Peas PS: Oranges Inf/Tods: Mandarin *Milk SA: Bag Lunch</p>	<p>Lunch</p> <p>Pancakes Ham Cubes Baked Potato Cubes Apple Sauce *Milk SA: Bag Lunch</p>	<p>Lunch</p> <p>House Made Cheese Whole Wheat Pizza Broccoli Fresh Fruit *Milk SA Pro's: Pasta & Salad Food Bar</p>	<p>Lunch</p> <p>Turkey Sloppy Joes on **Whole Grain Schubert Roll Baked Beans PS: Apple Slice Inf/Tods: Applesauce *Milk SA K-2 Pasta & Salad Food Bar</p>
<p>Snack</p> <p>**Whole Grain Gold Fish Crackers Juice and Water Infants-Milk</p>	<p>Snack</p> <p>Ranch Oyster Crackers Juice and Water Infants-Milk</p>	<p>Snack</p> <p>Crispy Rice Bar Inf/Tods: Graham Crackers Juice and Water Infants-Milk</p>	<p>Snack</p> <p>**Whole Grain Crackers Juice and Water Infants-Milk</p>	<p>Snack</p> <p>American Cheese Saltines Juice and Water Infants-Milk</p>

*Unflavored 1% *Milk Served to Children Age 16 months to School Age; Unflavored Whole *Milk Served under 16 months

**Serving meets the whole grain-rich criteria nutrition daily requirement

Serving Sizes: Ages 1-2 *Milk: ½ cup Grain: ½ serving Protein: 1oz Fruit/Vegetable: ¼ cup

Ages 3-5 *Milk: ¾ cup Grain: ½ serving Protein: 1.5oz Fruit/Vegetable: ½ cup

Ages 6-12 *Milk: 1 cup Grain: 1 serving Protein: 2oz Fruit/Vegetable: ½ cup *Protein, fruit and vegetable